Drivers for Change
• Delivering for Health
• Shifting the Balance of Care
• Doing Things Differently
• Delivering for Remote and Rural Healthcare
• 18 week RRT

Project Purpose
• Establish Physiotherapy led injection and Assessment clinic
• Extended scope physiotherapy support for the Orthopaedic Patient Care Pathways project locally in Lochaber

Education and Training Requirements
• Injection Diploma
• IR (ME) R Training and Clinical Guidelines for Radiology
• Attendance at Orthopaedic clinics
• Shadowing of ESP Physiotherapists

Governance arrangements to support development
• CSP clinical guidelines and standards of practice
• CSP rules of professional conduct
• NHS Highland clinical governance agenda
• Mentoring arrangement with orthopaedic consultant and GP
• Support of head of orthopaedic department.

What’s happening now?
Physiotherapy Dept successfully applied to NES for project funding and was awarded a grant of £10,000 for the current year
• Injection Therapy diploma commenced (30th April)
• Mentoring for supervised injections arranged with Mr Kelly

What else will happen this year?
• Course attendance to enable direct referral to x-ray and development of x-ray referral protocol
• Attendance on Blood Tests for Physiotherapists course
• Shadowing at ESP physiotherapy clinics
• Attendance at orthopaedic clinics
• Set up of physiotherapy led injection clinic

Evaluation
• Evaluation of injection clinic
  Annual report to include numbers, injection sites, and outcomes. A Highland wide evaluation of all physiotherapy injections is also planned
  • Evaluation of orthopaedic referrals
    This will be done in collaboration with the Orthopaedics Pathways Co-ordinator
  • Evaluation of X-ray referrals. These will be audited with help from X-Ray department
  • Clinical Services manager will monitor effect of new role on other services

Future Plans
• To submit a further bid to develop another practitioner with similar skills to ensure service continuity
• To submit a bid for additional staffing to ensure the physiotherapy department will be able to provide the new enhanced service with the same level of service still provided to other areas.
• Skills maximisation i.e. developing the clinical role of Physiotherapy Support workers to allow qualified practitioners to use their specialised skills to the full

Current Impact on Physiotherapy Service
• Part of successful funding bid was for back fill to ensure that time out of department was covered by another member of staff. There should be NO adverse impact on waiting times or any other aspect of the current service

For additional information, please contact:
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